



Kazakhstan-Kyrgyz Republic

Central Asia Silk Road Study Tour Discoveries
under the Eternal Tien Shan – A Journey of Tourism, International Cooperation
and Volunteer activities

March 16- March 29, 2026

<i>About Kyrgyz Republic Japan Center for Human Development (KRJC)</i>	<i>Kyrgyz Republic- Japan Center for Human Development (KRJC) was founded in 1995 by the agreement between the Government of Japan and the Government of the Kyrgyz Republic. KRJC's organizational purpose is to bridge various organizations and people of Japan and the Kyrgyz Republic. Its main activities include Business Courses, Japanese Language Courses and Mutual Exchange Promotion. JICA has been supporting KRJC since 2003 and Japan Foundation since 2013.</i>
<i>About Kazakhstan Japan Center for Human Development (KJC)</i>	<i>Kazakhstan-Japan Center for Human Development was established in 2002 as the Japan International Cooperation Agency (JICA) project under the intergovernmental agreement on technical cooperation between Kazakhstan and Japan. Its main activities include the Business Programs, Japanese Language Courses and Mutual Exchange Promotion.</i>

1. OUTLINE of the Study Tour

Aim of the program	Central Asia, is the former Soviet Union region, with the authentic culture, including nomadism, old silk road sites, and unique history with the multinational cultures (Islamic culture, Christian culture, etc.). This study tour provides: 1) Kazakhstan: Knowledge enhancement and deepening about the Kazakhstan tourism, international migration and economics, culture and society 2) Kyrgyz Republic: tourism (UNESCO world heritages), deepening understanding of international cooperation activities, and conducting international community contribution through international volunteer activities
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Main targeted participants	Students of the Japanese Universities majoring in the departments related to the International Relation/Cooperation, Tourism and Central Asia/Regional studies; however, participation is not limited exclusively to students from these specializations. Japanese interpretation is provided throughout the course. English ability is desirable from the perspective of enhancing the learning experience, but not mandatory.
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Program outline	● Stay in the Kazakhstan (Almaty) ● Explanation about KJC's activities ● Brief session of "Understanding Kazakhstan" at KJC; - (Government, Economy, Society, International migration) by guest lectures	3 nights
	● Visit the National Museum of Kazakhstan, Ascension Cathedral, Park Panfilovtsev	
	● Visit the relocated company from Russia (after 2022)	
	● Excursion to the Medeu, Excursions to the Kok-Tobe in Almaty, Green Bazar	
	Cross-border travel to Kyrgyzstan via Kordai	
	● Stay in the Kyrgyzstan (including 1-night homestay in Karakol and in a yurt)	
	● Explanation about KRJC's activities, ● Brief session of "Understanding Kyrgyz Republic" at KRJC (Government, Economy, Society, Culture, Tourism, etc.) by guest lectures	10 nights

	● Visit the National Historical Museum of Kyrgyzstan and other sightseeing	
	● International volunteer activities with the student volunteers in KR and Red Crescent organization: visit the orphanage, elder Nursing house, introduce about the Japanese culture (team teaching)	
	● Visit to JICA KR office, UNICEF office, briefing and interaction sessions	
	● Visit Issyk-Kul lake, boat cruise, outside onsen	
	● The traditional nomad house- Boz Yui/Yurt installation, traditional bread “boorsok” making experience	

	● Visit the UNESCO World heritage (Burana,)	
	● Farewell dinner, program sum-up, completion certificate on volunteer activities; preparation for departure	

Schedule of the Study Tour to the Kazakhstan and Kyrgyzstan

Date	Time	Content	Stay	Transport	Meals
				<i>x- not included into the price</i>	<i>x- not included into the price</i>
				<i>○-included into the price</i>	<i>○-included into the price</i>
March 15 Sun	20:00	Kazakhstan Japanese Centre staff conducts arrival meeting, visit spots,		Transport ○	D ○
		Drive to the airport of Almaty (KJC staff)			

		Transfer to the hotel by minibus (TBD)			
March 16 Mon	8:00-9:00	Breakfast in the hotel		Transport ○	B○ L○ D○
	9:30-10:00	Self-introduction of the students, explanation of the Kazakhstan part (by KJC)			
	10:00-11:00	Lecture about Kazakhstan by Murayama san			
	11:00-12:00	Local students interaction			
	12:20-14:00	Lunch			
	14:00	Free time			
	18:30	Dinner			
		Hotel accomodation			
March 17 Tue	7:30-8:30	Breakfast in the hotel		Transport ○	B○ L○ D○
	9:00-10:30	Almaty city tour accompanied by the local students: Visit the National Museum of Kazakhstan			
	11:00-12:30	Ascension Cathedral, Park Panfilovtsev			

12:50-

14:00 Lunch

	14:20-15:20	Rakhat Official store			
	15:20-17:00	Green bazaar			
	18:00	Dinner			
		Hotel accomodation			
March 18 Wed	8:00-9:00	Breakfast in the hotel		Transport ○	B○ L○ D○
	9:30-11:30	Visit the relocated company from Russia (after 2022)			

	12:00-13:20	Lunch			
	14:00-18:00	Excursion to the Medeu			
	18:30	Dinner			
March 19 Thu	8:00-9:00	Breakfast in the hotel		Transport ○	B○ L× D○
	9:00-13:30	Free time			
	14:00-18:00	Excursions to the Kok-Tobe in Almaty			
	18:00	Dinner			
March 20 Fri	8:00	Breakfast in the hotel		Transport ○	B○ L○ D○
	8:30	Check out			
	9:00	Departure to Bishkek			
	13:30	Cross-border travel to Kyrgyzstan via Kordai (KRJC staff meets the group at the border)			
	15:00	Lunch in Bishkek			
	17:30	Arrival and hotel accommodation			
	17:45	Support to exchange money, show nearest café for dinner			
	19:00	Welcome dinner with JICA volunteers, KRJC directorate, JP interns			
March 21 Sat	8:00-8:40	Breakfast in the hotel		Transport ○	B○ L○ D○
	8:50	Leave for KRJC			
	9:00-10:00	Presentation and interaction with "KJVC" volunteer club			
	10:20-13:00	Celebration of Nooruz			
	13:00-14:20	Lunch			
	14:40-16:40	Visiting JICA project "One Village One Product"			

	17:00	Walking to Hotel			
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18:00 Dinner

March 22 (Sun)	8:00-9:00	Breakfast in the hotel	TBD	Transport ○	Bo Lo D×
	9:20-10:00	City tour with Kyrgyz student volunteers: Visiting of Central mosque			
	10:20-12:20	Osh bazar visit			
	12:40-14:00	Lunch			
	14:20-15:00	Visiting church			
	15:10-18:00	Ala-Too square, National Historical Museum, Panfilov Park			
	18:30	Dinner			
March 23 (Mon)	8:00	Breakfast in the hotel		Transport ×	Bo Lo D×
	8:45	Walking to KRJC			
	9:00-9:30	Meeting with KRJC Directorate: introduce staffs			
		Self introduction, program explanation			
	9:30-10:00 10:10-12:30	Security briefing by EOJ representative			
		Session of "Understanding Kyrgyzstan" at KRJC			
		Guest lectures on various topics:			
		Free format group discussions			
	12:40-13:40	Lunch			
	14:00-15:00	Unicef			

	15:30-17:00	Briefing session of Red Crescent of KR Group discussions			
	18:00	Dinner			
March 24 (Tue)	8:00-9:00	Breakfast in the hotel			B○
	9:30-11:00	Participation in elders nursery house activity		Transport ○	L○ D×
		Volunteer activity in orphanage "Aidanek"			

12:00-

13:30 Lunch

	14:00-15:30	Visit JICA			
	15:30	Free time			
March 25 (Wed)	7:30-8:00	Departure to Issyk-Kul		Transport ○	B○ L○ D○
	11:30	Arrival to Cholpon Ata			
	12:00	Boat cruise			
	13:00-14:30	Lunch			
	15:00-15:30	Move to Hotel			
	16:00-17:00	Walking to the petroglyph			
	18:00	Dinner and free time			
March 26 (Thu)	8:00-9:00	Breakfast		Transport ○	B○ L○ D○
	12:00	Arriving to Karakol			
	12:10-13:30	Lunch			
	14:00-15:30	OVOP observation (max 30 min) and Felt making workshop (1hr)			

	16:00-17:20	Meeting in the office of Youth Association Leader			
		Exchange activity and discussion regarding the volunteer works with the Youth Association in Karakol			
	17:40	Hotel accomodation			
	18:00	Dinner and free time			
March 27 (Fri)	8:00	Breakfast in the hotel		Transport ○	Bo Lo Do
	9:00	Move to Ak-Suu kench onsen			
	9:30-11:00	Ak-Suu Kench outside onsen with swimming suits (south shore of Issyk-Kul lake)			
	11:30	Meeting with host families			

Time with host families
(Lunch and Dinner included)

March 26 (Thu)	8:00	Breakfast in the families		Transport ○	Bo Lo Do
	8:50	Host families bring students to the hotel			
	9:00	Departure to the Tokmok city			
	13:00-14:00	Visit the Burana Tower (UNESCO World Heritage)			
	14:30-15:30	Lunch in rural family			
	15:30-16:00	Booksok show			
	16:30-17:30	Yurt installation			
	17:40	Departure to Bishkek			

	18:30	Hotel accomodation and free dinner			
March 27 (Fri)	8:00-9:00	Breakfast in the hotel		Transport X	Bo Lx Do
	9:10	Departure to KRJC			
	9:30-12:00	Free time for group presentation preparation			
	12:30- 13:20	Free lunch			
	13:30- 16:00	Presentation by the students			
	16:00- 17:00	Program sum-up, opinion sharing, filling in questionnaires			
	18:00	Farewell dinner (certificate ceremony (tour completion certificate by KRJC, including the international volunteer activity))			
March 28 (Sat)	9:00-13:00	Free time			
		Ala Archa optional			
March 29 (Sun)	12:00	Check out from the hotel			
		Departure to the Manas International Airport			