

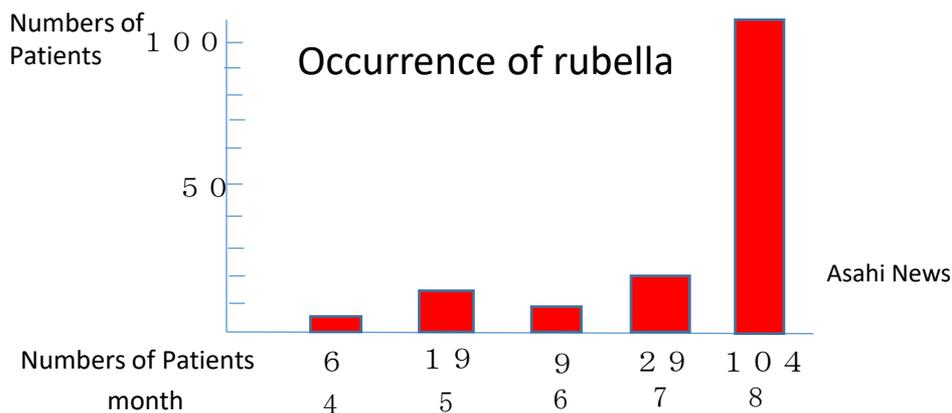
Outbreak of rubella

From this July rubella has broken out around Kento area.

Rubella is a viral infection known by its distinctive red rash, fever and lymph node swelling of retroauricular. The cause of rubella is a virus that's passed from person to person. It can spread when an infected person coughs or sneezes, or it can spread by direct contact with an infected person's respiratory secretions, such as mucus. It can also be transmitted from pregnant women to their unborn children via the bloodstream.

Rubella is a mild infection. Once you've had the disease, you're usually permanently immune. In rare cases, rubella can cause an ear infection (otitis media) or inflammation of the brain (encephalitis). However, if you're pregnant when you contract rubella, the consequences for your unborn child may be severe. High percents of infants born to mothers who had rubella during the first 20 weeks of pregnancy develop congenital rubella syndrome. This syndrome can cause one or more problems, including cataracts, deafness and congenital heart defects.

The rubella vaccine is usually given as a combined measles- rubella inoculation, which contains the safest and most effective form of each vaccine. Doctors recommend that children receive the MR vaccine 1 year old, and again 6 years of age — before entering school. It's particularly important that girls receive the vaccine to prevent rubella during future pregnancies.



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Rash of rubella