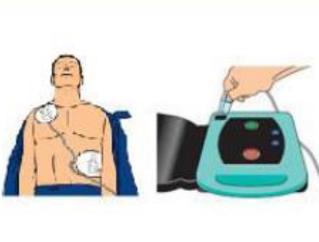


# How to use AED

When heart stops by some kind of reasons, an arrhythmic state called the ventricular fibrillation occurs that heart shakes with finely. It is necessary to perform electronic shocks to return heart to an original state. When electronic shocks are one minute late after falling down, the lifesaving rate is approximately 10% fall down. Because a citizen uses AED, the lifesaving rate increases twofold (to cope earlier). When we meet a person whose heart stops, we demand the help of other people, order AED and constantly compress the chest. A citizen came to be able to use AED in the lifesaving spot from July, 2004. We can use AED by following the voice guide, but we are recommended to attend the lecture of cardiopulmonary resuscitation (from Japanese Association for Acute Medicine).

	 <p>大丈夫ですか？</p>		
<h2>AEDの使い方</h2>	<p>反応を確認しましょう 声を掛け反応をみます</p>	<p>大声で協力者を呼びましょう 119番通報・AEDを依頼</p>	<p>呼吸の確認をしましょう 呼吸はしていますか</p>
<h2>How to Use an AED</h2>	<p>Speak to a victim and see if he or she is conscious or unconscious.</p>	<p>If you see someone collapse, call for help: Ask a bystander to dial 119 (for an ambulance) and bring you an Automated External Defibrillator (AED).</p>	<p>Check whether the victim is breathing or not.</p>
			 <div style="border: 1px solid black; padding: 2px; display: inline-block;">English</div> <div style="border: 1px solid black; padding: 2px; display: inline-block;">英語</div>
<p>胸の中央を強く押します 強・速・絶え間なく</p>	<p>AEDを使います 機械の指示に従ってください</p>	<p>胸の中央を強く押します 救急車が来るまで続けて</p>	 <p>The Japanese Red Cross Society, Kanagawa Branch Office</p>
<p>Push hard on the center of the victim's chest. Push hard, fast, and constantly.</p>	<p>Use an AED, and follow the instructions.</p>	<p>Push hard on the center of the victim's chest until the ambulance arrives.</p>	<p>Inquiry : Kanagawa Branch Office, Disaster Management Division Operations Department TEL:045-681-2192</p>



The lecture is carried out at the Japanese Red Cross Society of each place and each fire department. Please search it by the internet, and attend the class. If you have any question, please ask us.