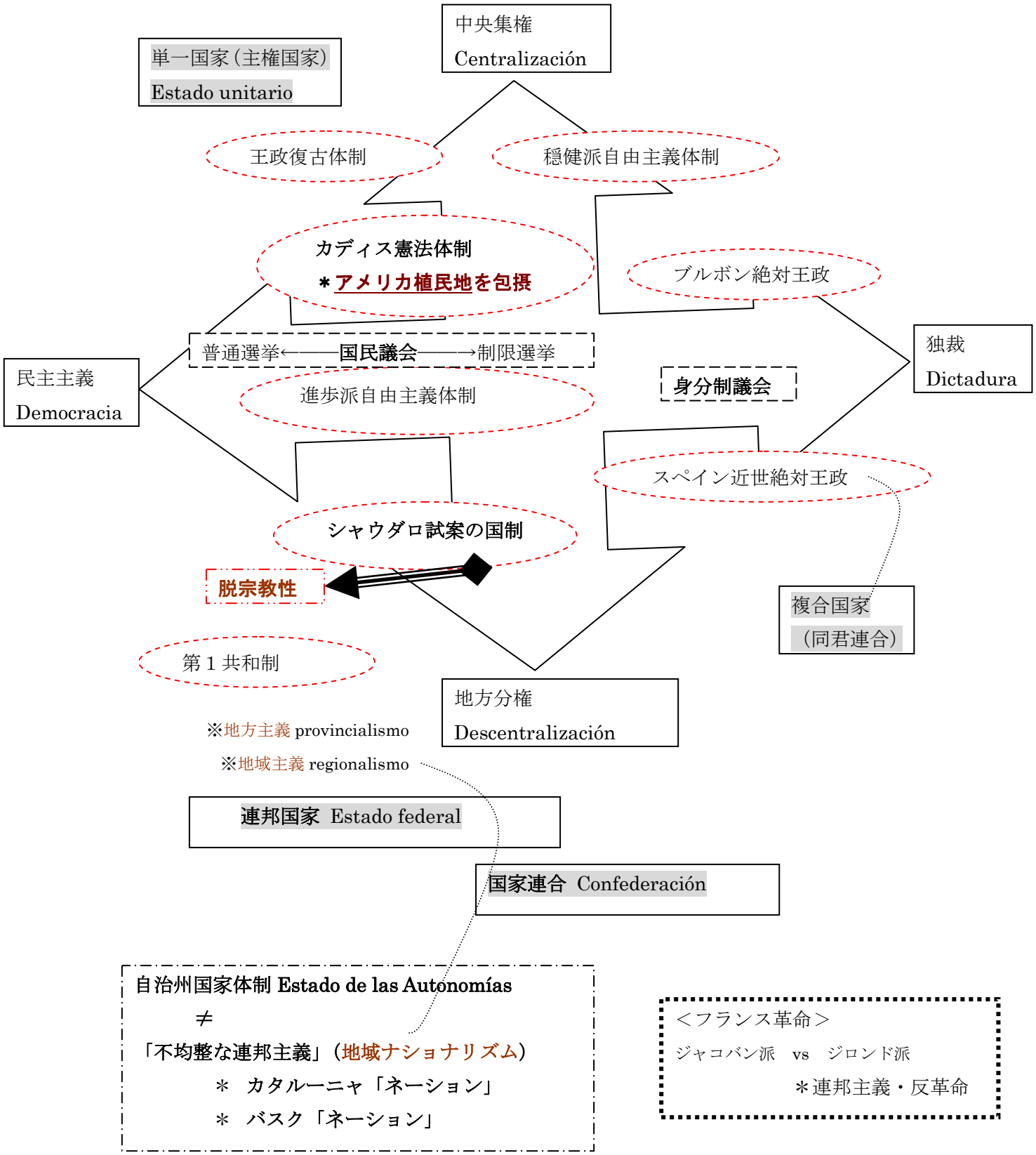国家 estado 形態と統治 gobierno 形態