

CPR PROTOCOL



1 . Check response

Tap the shoulder and shout "Are you OK?"

2 . Call for help – 119 and AED

"Call 119, and get the AED!"

3 Check breathing

Lift the chin, put your ear next to the mouth, and check breathing



3 . Open the airway, Check breathing

Lift the chin, put your ear next to the mouth, and check breathing.

< Check breathing >

"Look" for the chest to rise.

"Listen" for breathing.

"Feel" for air movement on your cheek.



4 . 2 rescue breaths

Open the airway, pinch the nose closed, and give 2 slow breaths (about 1 second for each breath).

5 30 compressions



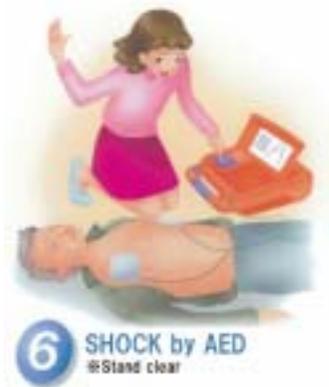
5 . 30 compressions and 2 breaths

Put the heel of one hand on the center of the victim's bare chest.

Give 30 compressions at a rate of about 100 per minute. (Push the breastbone down 3.5 ~ 5 cm.)

Open the airway, give 2 rescue breaths slowly (about 1 second for each breath).

Give 5 cycles of 30 Compressions and 2 rescue breaths.



6 . Shock by AED

Open the lid (Turn the power on).

Apply the pads.

If the patient needs shock, push the flashing button.

AED at times like this...

No response

No breathing

No Pulse (Medical Staff Only)

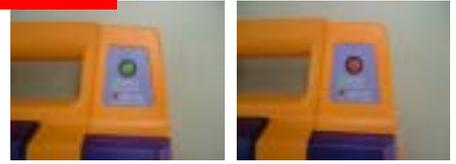
Opening the lid of the AED turns the power on!

IMPORTANT

Check before using!



**“Expose patient’s chest.
Apply pads.
Press pads firmly.”**



Apply the pads.

There’s no difference between the two pads.



*When you apply the pads,
The AED automatically starts analyzing the heart rhythm.*

**“Do not touch patient.
Analyzing rhythm.”**

If the patient needs a SHOCK...

“Shock advised, charging.”

If no SHOCK is required...

“Safe to touch patient. Start CPR.”

Press the SHOCK button.



**“Stand clear,
push flashing button.”**

**“Shock delivered.
Safe to touch patient.
Start CPR.”**

**Conduct CPR for 2 minutes
(Ratio: 30 Compressions
to 2 Breaths)**



If you observe normal breathing,
Place the patient in the recovery position,
leaving the pads on.



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